

BESTMED MEDICAL SCHEME 2020 LAUNCH HIGHLIGHTS

BESTMED'S 2020 BENEFIT ENHANCEMENTS

We are very pleased to announce that our annual increase remains a single digit percentage at 8.9% across all options.

Average increase: 8.9%

Beat1	Beat1N	Beat2	Beat2N	Beat3	Beat3N	Beat4
8,9	8,9	8,9	8,9	8,9	8,9	8,9

Pace1	Pace2	Pace3	Pace4	Pulse1	Pulse2
8,9	8,9	8,9	8,9	8,9	8,9

What's new?

Limits and Sub-limits

All limits and sub-limits have been increased by 5.2% across all options.

Mammary Surgery

Mammary surgery has been included as a benefit paid from the Scheme risk to the limit of R35 000 for the symmetrising surgery of the unaffected breast on breast cancer patients. This benefit has been included for the options below:

- Pace2
- Pace3
- Pace4
- Pulse2

Diabetes Primary Care Consultation

Two (2) Diabetes Primary Care Consultations have been added to out-of-hospital benefits at 100% Scheme tariff. This benefit is subject to the following:

- Registration with HaloCare, our Diabetes disease management DSP
- Consultation at Dis-Chem pharmacies

Bestmed Wellness Programme

Tempo

Tempo benefits have also been made accessible to all adults from the age of 18 years old, enhanced from the previous starting age of 21 years old.

Simeka Health is a registered Financial Services Provider (FSP no.3373)

Preventative care updates

Female contraceptive

The annual contraceptive benefit has been increased by 5.2% to R 2 205 per female beneficiary per year across all options and is no longer a family limit. This benefit was previously limited to R 2 096 per family.

Mammogram

Mammograms have been included for Females 40 years and over, every 24 months, on the options below:

- Beat2
- Beat2 Network
- Beat3
- Beat3 Network

Prostate-Specific Antigen (PSA) Screening

PSA Screening have been included for Males 50 years old and over, every 24 months, on the options below:

- Beat2
- Beat2 Network
- Beat3
- Beat3 Network
- Pace1

Co-payments

Co-payments for the voluntary use of non-DSP hospitals increased to R 11 309.

Maternity benefits

Maternity benefits have been added to the options listed below, under the Bestmed Tempo (Wellness) programme:

- Beat1
- Beat1 Network
- Beat2
- Beat2 Network

These benefits include:

Six (6) antenatal consultations at either a Gynaecologist, General Practitioner or Midwife.

10 to 12 weeks

Ultrasound	Practitioner	Frequency
2D ultrasound scan: 1 st trimester	Gynaecologist or General Practitioner or Radiologist	1

20 – 24 weeks

Ultrasound	Practitioner	Frequency
2D ultrasound scan: 2 nd trimester	Gynaecologist or General Practitioner or Radiologist	1

Beat updates

Beat1

2020 subscription increases:

Beat1 Non-network	2020 Subscription
Principal member	R 1 617
Adult dependant	R 1 255
Child dependant	R 680
Beat1 Network	2020 Subscription
Principal member	R 1 454
Adult dependant	R 1 130
Child dependant	R 612

Beat2

- The co-payment for in-hospital endoscopic investigations is increased to R 3 619
- Sunscreens, vitamins and minerals can now be claimed from the annual saving account as part of the over the counter (OTC) benefit
- Maternity benefits have been added to this option
- Mammograms and PSA screening has been added to the preventative care benefits for this option
- All limits and sub-limits have been increased by 5.2%
- Refractive eye surgery will be covered

2020 subscription increase:

Beat2 Non-network	2020 Subscription
Principal member	R 1 976
Adult dependant	R 1 534
Child dependant	R 832
Beat2 network	2020 Subscription
Principal member	R 1 778
Adult dependant	R 1 381
Child dependant	R 748

Beat3

- The co-payment for in-hospital endoscopic investigations is increased to R 3 619
- Sunscreens, vitamins and minerals can now be claimed from the annual saving account as part of the over the counter (OTC) benefit
- Mammograms and PSA screening has been added to the preventative care benefits for this option
- All limits and sub-limits have been increased by 5.2%

2020 subscription increase:

Beat3 Non-network	2020 Subscription
Principal member	R 2 997
Adult dependant	R 2 130
Child dependant	R 1 157
Beat3 Non-network	2020 Subscription
Principal member	R 2 697
Adult dependant	R1 918
Child dependant	R 1 043

Beat4

- All limits and sub-limits have been increased by 5.2%
- OTC benefit from Beat 4 has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- PET scan included as part of out of hospital specialised diagnostic imaging

2020 subscription increase:

Beat4	2020 Subscription
Principal member	R 4 685
Adult dependant	R 3 869
Child dependant	R 1 158

Pace updates

Pace1

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- PSA screening has been added to the preventative care benefits for this option

2020 subscription increase:

Pace1	2020 Subscription
Principal member	R 3 930
Adult dependant	R 2 760
Child dependant	R 992

Pace2

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the un-affected breast

2020 subscription increase:

Pace2	2020 Subscription
Principal member	R 5 566
Adult dependant	R 5 458
Child dependant	R 1 227

Pace3

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the un-affected breast

2020 subscription increase:

Pace3	2020 Subscription
Principal member	R 6 390
Adult dependant	R 5 144
Child dependant	R 1 099

Pace4

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 650. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Dystonia added as a non-CDL condition
- Addition of insulin pump and consumables are covered. Limits apply
- Mammary surgery - benefit 100% of Scheme tariff up to R35 000 for symmetrising surgery on breast cancer patients for the unaffected breast

2020 subscription increase:

Pace4	2020 Subscription
Principal member	R 7 983
Adult dependant	R 7 983
Child dependant	R 1 870

Pulse updates

Pulse1

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 350 to R 368. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit
- Refractive eye surgery will be covered (PMB)
- Income levels have remained the same

2020 subscription increase:

Pulse1 R 0 – R 5 500	2020 Subscription
Principal member	R 1 626
Adult dependant	R 1 545
Child dependant	R 978
Pulse1 R 5 500 – R 8 500	2020 Subscription
Principal member	R 1 953
Adult dependant	R 1 856
Child dependant	R 1 172
Pulse1 R 8 501≥	2020 Subscription
Principal member	R 2 344
Adult dependant	R 2 109
Child dependant	R 1 172

Pulse2

- All limits and sub-limits have been increased by 5.2%
- OTC benefit has been increased from R 550 to R 579. Sunscreens, vitamins and minerals with nappi codes on Scheme formulary can also be claimed from this benefit

2020 subscription increase:

Pulse2	2020 Subscription
Principal member	R 5 770
Adult dependant	R 5 770
Child dependant	R 1 371

Yours in Good health
Simeka Health

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