

## Claim for Disability for professional sportsmen and women

Please return the completed form to: **Policy claims**

Postal address PO Box 1, Sanlamhof 7532 Telephone number (021) 916-3455  
 E-mail address claimbenefits@sanlam.co.za Fax number (021) 947-5804

### Important

- An accurately completed form is essential in order to avoid delays in the assessment process. A claim can be considered only if all required documents and all the supplementary statements (as indicated below) have been completed in full and are in Sanlam Life's possession.
- It is also important that you should understand the implications of the non-payment /payment of this claim on your financial position. We therefore strongly recommend that you should contact your financial advisor to assist you in this regard, at this stage already.
- This form and all relevant documents can be sent to us by e-mail, fax or per post. If readable copies of documents are provided to us, the original documents are unnecessary.

### Please supply the following documents:

- The *Declaration by Employer*- form (union/league)
- If you are self-employed, please provide us with proof of the existence of your business, for example audited financial statements or tax assessments and statements, receipts or affidavits from persons with whom business have been done.
- A copy of your identity document.
- Copies of all medical reports including those by which you were medically boarded.
- A report by the treating specialist (attached).
- SAPD-report/Reports of injury sustained at work if a claim was caused by an accident, as well as the result of the investigation if already finalised.

**Important: You can only claim for the sickness conditions as listed in your policy contract.**

### Particulars of insured life

Plan number(s) \_\_\_\_\_

Surname \_\_\_\_\_

Full first names \_\_\_\_\_

Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

Identity number \_\_\_\_\_ (Compulsory) Land of issue \_\_\_\_\_

Pass port number \_\_\_\_\_ Expiry date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

Title: Mr  Mrs  Miss  Ms  Rev  Dr.  Prof.  Adv.  Judge

Gender Male  Female

Postal address \_\_\_\_\_ Postal code \_\_\_\_\_

Residential address \_\_\_\_\_ Postal code \_\_\_\_\_

Contact details: Telephone (home) (\_\_\_\_) \_\_\_\_\_ Fax (home) (\_\_\_\_) \_\_\_\_\_  
 Telephone (work) (\_\_\_\_) \_\_\_\_\_ Fax (work) (\_\_\_\_) \_\_\_\_\_  
 Cell phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Marital Status: Single  Married  Divorced  Co-habiting  Widowed

Race White  Asian  Coloured  Black  Unknown  (For statistical purposes)

Income office \_\_\_\_\_

Income tax number \_\_\_\_\_

Plan number \_\_\_\_\_

### Nature of claim (functional impairment)

- What illness, injury of disorder gave rise to your claim?

\_\_\_\_\_

- On which date did you consult a doctor regarding these symptoms? \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)
- State the initials, surname, address and telephone number of this doctor.

\_\_\_\_\_  
\_\_\_\_\_

- If different, please state the initials, surname, address and telephone number of the team doctor.

\_\_\_\_\_  
\_\_\_\_\_

- First consultation date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)
- Describe the symptoms which you are experiencing and state the date the symptoms began:

\_\_\_\_\_  
\_\_\_\_\_

- Give a brief description of how the symptoms you mentioned have limited your ability to work:

\_\_\_\_\_  
\_\_\_\_\_

- How do you spend your time? \_\_\_\_\_

- Describe in what respect you have in any way been impeded in attending to your personal affairs or in carrying out the everyday care of your person (Shower, bath, dress, etc.):

\_\_\_\_\_  
\_\_\_\_\_

### Medical history

- State the initials, surname, address and telephone number of your

- Team doctor: \_\_\_\_\_

Telephone number ( ) \_\_\_\_\_ Fax number ( ) \_\_\_\_\_

Date of 1st treatment at team doctor: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

- Present family doctor \_\_\_\_\_

Telephone number ( ) \_\_\_\_\_ Fax number ( ) \_\_\_\_\_

Since which date have you been consulting your present family doctor? \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

- Previous family doctor \_\_\_\_\_

Telephone number ( ) \_\_\_\_\_ Fax number ( ) \_\_\_\_\_

- Provide the following information with regard to all other doctors/specialists you have consulted regarding the condition that caused the claim.

### Details for hospitalisation for special investigations or treatments

| Name of hospital | Reason for hospitalisation | Patient number | Admission<br>dd / mm / ccyy | Discharge<br>dd / mm / ccyy |
|------------------|----------------------------|----------------|-----------------------------|-----------------------------|
|                  |                            |                | / /                         | / /                         |
|                  |                            |                | / /                         | / /                         |
|                  |                            |                | / /                         | / /                         |
|                  |                            |                | / /                         | / /                         |

Plan number \_\_\_\_\_

**Medical history** (continue)

**Details of doctors, specialists, Sports Institute and consultations**

| Name and surname | Type of specialist | Address | Telephone number | First consultation<br>dd / mm / ccy |
|------------------|--------------------|---------|------------------|-------------------------------------|
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |

**Public health sector**

| Name and surname | Type of specialist | Address | Telephone number | First consultation<br>dd / mm / ccy |
|------------------|--------------------|---------|------------------|-------------------------------------|
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |
|                  |                    |         | ( )              | / /                                 |

• Medical Aid details:

- Name of the fund \_\_\_\_\_
- Membership number \_\_\_\_\_

**Details of injury**

- Date of injury \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (dd/mm/ccy)
- Place of injury \_\_\_\_\_
- Give a brief description of how the injury happened:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- If there was an investigation into the cause of the injury, provide the following findings of the investigation:  
\_\_\_\_\_  
\_\_\_\_\_

- Did you suffer any physical loss?      Yes  No   
If "Yes", describe the nature of the loss you suffered  
\_\_\_\_\_

If the loss did not happen on the date of the injury, please state the date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (dd/mm/ccy)

Plan number \_\_\_\_\_

## Occupational history

What was the last date on which you were actively able to do your work? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (dd/mm/ccyy)  
(Not necessarily the date of termination of service.)

Date of termination \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (dd/mm/ccyy)

### Rugby:

Were you contracted with a union affiliated with SARU at the time of injury/illness? Yes  No

Were you contracted with an overseas rugby club affiliated with SARPA at the time of injury/illness? Yes  No

### Soccer:

Are you formally contracted as a professional soccer player with:

- A local club in one of the top two soccer leagues of South Africa? Yes  No
- An overseas club in one of the top two soccer leagues of the relevant country? Yes  No
- At time of injury/illness were you playing for a club in any of the top 2 soccer leagues? Yes  No
- If not, please confirm with which club you were playing? \_\_\_\_\_

If you are doing any work at present, from which you are earning an income, state the type of work and the income earned:

Provide the name, address, telephone and fax numbers of the relevant employer:

Telephone number ( ) \_\_\_\_\_ Fax number ( ) \_\_\_\_\_

If you are not working at present, do you intend to do so in the future? Yes  No

- If "Yes", what type of occupation do you have in mind and from which date? From (dd/mm/ccyy)

\_\_\_\_\_  
\_\_\_\_\_

- If "No", in your opinion, what prevents you from performing full-time employment?

\_\_\_\_\_  
\_\_\_\_\_

## Income particulars

Date of termination \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ (dd/mm/ccyy)

Provide the following information if, owing to or during your injury you are receiving, or are entitled to receive any benefit, salary, pension or remuneration of any kind (this includes money received from any employer, partner, assurance company, pension or retirement annuity fund, any government fund or from any other source – irrespective of whether a claim has been submitted):

| Source of benefit              | Amount (R) | From<br>dd / mm / ccyy | To<br>dd / mm / ccyy |
|--------------------------------|------------|------------------------|----------------------|
| Basic salary per month         |            | / /                    | / /                  |
| Average match fees per month   |            | / /                    | / /                  |
| Average endorsements per month |            | / /                    | / /                  |

Average over the last 12 months or period of play if less than 12 months

What was your gross monthly income during the last 12 months before the injury? (Please indicate any overtime payment separately.)

Gross R \_\_\_\_\_ Overtime R \_\_\_\_\_

Plan number \_\_\_\_\_

## Payments

Please note that the payments must be continued until a claim, if any, has been admitted.

## Bank particulars

Provide us with a copy of your bank statement (not older than three months) on a bank letterhead containing the account number and account holder's name.

Please complete **one** of the 3 options provided

### 1. Payment to the owner of the plan(s).

If your claim is admitted, Sanlam Life can make your money available by means of an electronic bank transfer. Please provide us with the following details

Name of bank \_\_\_\_\_ Name of branch \_\_\_\_\_

Account number \_\_\_\_\_ Branch code \_\_\_\_\_

Account holder \_\_\_\_\_

Type of account Cheque  Savings  Transmission  Other  \_\_\_\_\_ (Specify)

I, the undersigned, hereby declare that if the above information is not correct, Sanlam Life cannot be held liable for any loss that may arise from the use of this information.

Signature of account holder \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

### 2. Payment to cessionary

#### **Important**

If any plan in terms of which a claim is admitted, has been ceded to another institution or person, payment will be made directly to the cessionary in question. The next section must be completed by the cessionary if applicable.

Complete if any of your policies are ceded:

Relevant plan number(s) \_\_\_\_\_

Name of bank \_\_\_\_\_ Name of branch \_\_\_\_\_

Account number \_\_\_\_\_ Branch code \_\_\_\_\_

Account holder \_\_\_\_\_

Type of account Cheque  Savings  Transmission  Other  \_\_\_\_\_ (Specify)

#### **Or**

I hereby give permission for the cession to be cancelled: \_\_\_\_\_

Name of contact person \_\_\_\_\_ Contact number: (\_\_\_\_) \_\_\_\_\_

Signature of cessionary \_\_\_\_\_ Official stamp of institution  
Signature of cessionary \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ (dd/mm/ccyy)

Plan number \_\_\_\_\_

**Bank particulars** *(continued)*

**3. Proxy and/or payment to a third party**

If you would prefer your claim/payment to be handled/received by another person/institution, please provide us with the details below:

I, (plan owner) first names and surname: \_\_\_\_\_

Hereby authorise the person indicated below to handle the claim/receive the payment on my behalf and I indemnify Sanlam Life against any and all claims in respect of, and in connection with, the payment by Sanlam of the amount(s) concerned to this third party. (delete where not applicable)

Initials and surname of the person that could handle the claim on my behalf: \_\_\_\_\_

Address \_\_\_\_\_ Postal code \_\_\_\_\_

Initials and surname of the person that could receive the payment on my behalf: \_\_\_\_\_

Name of bank \_\_\_\_\_ Name of branch \_\_\_\_\_

Account number \_\_\_\_\_ Branch code \_\_\_\_\_

Account holder \_\_\_\_\_

Type of account Cheque  Savings  Transmission  Other  \_\_\_\_\_ *(Specify)*

Signature of plan owner \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ *(dd/mm/ccyy)*

**Declaration**

I declare that the particulars contained in this form are correct. I also irrevocably authorise any person or institution, medical practitioner, medical specialist, hospital, nursing institution or medical authority to provide Sanlam Life with any information that may be required regarding my health.

Further, I irrevocably authorise Sanlam Life to share with other insurers that information and any information contained in this proposal or any related plan or other document, either directly or through a data base operated by or for insurers as a group, at any time (even after my death) and in such detailed, abbreviated or coded form as may from time to time be decided by Sanlam Life or by the operators of such data base.

Signature of insured/claimant \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ *(dd/mm/ccyy)*

## The Treating Specialist

### *Important*

*This report must be completed by a specialist and not a general practitioner*

Before you perform the examination, please determine the client's identity with the help of a photographic proof of identity. Indicate on the report of your findings – what type of proof of identity was given.

The above-mentioned insured has required us to consider whether he/she qualifies for a disability claim.

The assessment of a disability claim is based on two main principals of impairment and disability. The assessment of impairment entails in practical terms, making a diagnosis and then determining on medical grounds which functions the person is still able to perform and which not. On the other hand, disability is a legal process assessing the extent of the person's impairment judged in conjunction with his/her job description the contract wording and personal factors such as education, experience, etc.

To assist us in making a justified decision, we have to be provided with a report regarding the impairment of this person. The decision regarding disability will be made by Sanlam Life Insurance Ltd ("Sanlam Life").

Please complete the report in accordance with the guidelines set out in the "Guidelines: Medical report on functional impairment" underneath after you have examined the person.

**The insured is responsible for the costs relating to this consultation and medical report.**

### **Guidelines : Medical Report on Functional Impairment**

Please use the following only as a guideline to compile your report.

- Diagnosis: (DSM IV for psychiatric conditions)
- Date: Of the onset and course of disease
- Severity: Perpetual factors, secondary gain
- Current clinical findings: Describe in detail
- Treatment:
  - Treatment modalities
  - Duration of treatment
  - Rehabilitation
  - Types of medication and dosage
  - Therapeutic procedures
  - Hospitalisation
- Response to treatment
- Complications that is permanent
- Special investigations: e.g. ECG, X-rays, scans
- Prognosis with optimal treatment
- Influence on lifestyle, activities of daily living and working capability

Special requirements:

|                |   |
|----------------|---|
| Cardiovascular | NYHA-classification, exercise capacity, stress-ECG, ejection fraction, other  |
| Respiratory    | Dyspnea-grading (ATS), exercise capacity (METS or VO2 max.), vitalogram pre- and post-inhalation (3 attempts), chest x-ray, single-breath diffusion test (DCO) in cases of interstitial lung disease. |
| Orthopaedic    | X-ray and stress views, MRI or CAT scans, other (e.g. nerve conduction tests)   |
| Psychiatric    | Social functioning, concentration, psychometric tests in cases of cognitive impairment.   |