

Claim for Lump sum Disability Benefit and/or Monthly Disability Income Benefit

Confidential

Contents

The following forms and documents must be completed and submitted with a claim for a disability benefit. Absa Life will only assess the disability claim once in receipt of all the required documentation.

- Declaration by fund/scheme
- Particulars of the insured's occupation.
- Payment of benefits.
- Declaration by insured.
- Confidential medical report:

Report to be compiled by insured's treating specialist according to the guidelines attached. (See page 11).

Provide copies of all sick leave records for the past 12 (twelve) months.

Please provide a copy of the insured's salary statement as on the last date on which the insured performed his/her duties. In the case of an insured who receives a commission based salary, we require the past 3 (three) year's salary statements.

Identity document:

Please provide a copy of the insured's identity document.

2 General

- It is the insured's responsibility to prove that he/she is disabled in terms of the policy provisions.
- The insured has the initial responsibility of providing medical and other documentary evidence of disability at his/her own cost.
- The insured is obliged to submit whatever medical or other information Absa may reasonably require.

The employer must please either post, fax or email the duly completed forms to:

Absa Group Schemes 3rd Floor **Towers North** 180 Commissioner Street Johannesburg, 2001

Email: sufsclaims@absa.co.za

Declaration by fund/scheme (To be completed by the employer)

A Particulars of fund/scheme		
Name of fund/scheme		
Scheme code Name	of branch/participating employer	
Email address		
Telephone number	Contact person	
B Personal details of the insured		
Full names and surname		
Date of birth (dd/mm/ccyy)		Gender Male Female
Marital status: Single Married	Divorced Co-habit Widowed	
Particulars of membership		
Membership number	Pay-sheet	number (if any)
Date of entering service (dd/mm/ccyy)	Date of permaner	nt appointment
Date of commencement of membership (dd/mm	/ccyy)	
If the scheme has been underwritten by Absa Li	e for less than 1 (one) year, please complete the	e following:
Type of benefit and cover the insured enjoyed a	t the previous insurer.	
Type of benefit	Cover	amount R
Provide the date from when the insured received	d cover at the previous insurer? (dd/mm/ccyy)	
Salary information for the past 3 (three) years		
Date of salary received (dd/mm/ccyy)	Annual salary *(R)	Annual cost to company salary (R)

^{*}This must be the salary on which the premiums paid to Absa Life, are calculated.

C Medical Aid Premium Waiver Benefit

Note: The following information must only be provide	ed if the policy makes provision for the benefit and if a claim for the Medical Aid Premium
Waiver Benefit must be considered with the disability	y of the insured.

Name of insured's medical aid scheme

Particulars of dependants	Name and surname	Date of birth	Amount of *medical aid premium
Principle member			
Spouse			
Child (1)			
Child (2)			
Child (3)			
Child (4)			

^{*} Including the premium for the savings account and any unborn child if pregnancy is in second or third trimester.

Important:

Please inform Absa Life in case any of the information supplied with regard to the Medical Aid Premium Waiver Benefit changes.

We, the undersigned, declare on behalf of the fund/scheme that the information provided above is complete and correct.

Signed on behalf of the fu	ınd/scheme
Initials and surname	
Designation	
Signature	
Place	
Date (dd/mm/ccyy)	

Particulars of insured's occupation

i ai ticulai s oi ilisuleu	3 occupation				
Note: This section must be the circumstances.	completed in consultation with	the insured's manage	er, supervisor or a	ny other person wh	o is familiar with
Name of superviser					
Telephone number					
Name of contact person at	Human Resources department				
Telephone number					
Insured's occupation		_			
Please list the insured's ma	in duties.				
Duty	Weight (%)	Pres	ent ability to perf	orm duties	
		Able		Partially able	Unable
	100%				
Please list the insured's job	demands and job category in cu	rrent occupation.			
Job demands	%		Job category		
Physical			Manager		
Supervisory			Superviser		
Administrative			Clerical		
Total	100%		Machine opera	tor	

Light manual labourer
Heavy manual labourer

Other:

Please list the physical aspects of the occupation.

Movement	% Time sp	end			Comments
	None	Occasionally 0-33%	Frequently 34-67%	Majority 68-100%	
Weight handling:					Maximum weight:
• Lift					Maximum weight: Kilogram
• Carry					Maximum weight: Kilogram
Push or pull					Maximum weight: Kilogram
• Throw					Maximum weight: Kilogram:
Standing					
Walking					
Climbing:					
• Stairs					
• Ladders					
Bending					
Kneeling					
Crawling					
Sitting					
Fine precision work					
Other					

How often does the insured work in the following conditions?

Work conditions	How often?	Work conditions	How often?
Indoors		Dust	
Outdoors		Vibration	
High areas		Noise	

Underground		Fumes
Wet areas		Extreme heat
Cold storage areas		Walking on uneven surfaces
Driving a vehicle		Operate machinery
Type of vehicle:		Estimate distance covered per day/week/month
Last date of performing his/her duties (dd/mm/ccy	y)	
Did he/she do other work thereafter?	Yes No	
If "Yes", provide the following particulars.		
In which capacity?		
Description of work		
From which date? (dd/mm/ccyy)		Until which date? (dd/mm/ccyy)
Education qualification of insured		
Was the insured considered for any other position is	n the organisation?	Yes No
If "Yes", please answer the following questions.		
In what capacity?		
Is the status of the position: Higher E	iqual Lower	than the previous position?
Average remuneration per month in this position	R	
Did the insured accept the position?		
If not, please provide reasons:		
If insured could not be considered/placed elsewher	e, please give reason	is:
Signed on behalf of the fund leshame (incured a		or any other person who is familiar with the circumstances.)
	lanager, supervisor o	and other person who is familiar with the circumstances.)
Initials and surname		
Designation		
Signature		
Place		
Date (dd/mm/ccyy)		

Payment of benefits

Important:

The person who completes this part of the form, must familiarise themselves with the disability benefits the insured is/are covered for in terms of the policy agreement. Should the claim for the disability benefits become payable (after applying the waiting period and other policy payment stipulations) Absa will rely on the information provided in the applicable sections of the form.

Submitting incorrect or insufficient information can lead to incorrect and/or delayed payment of the disability benefit(s).

The information supplied will only be used once the claim has been admitted.

Mark the applicable option with an "X". While the insured is absent from the workplace, will the insured still receive a monthly salary?

In answered " Yes ", until v	vhen wi	ll the	insu	ired r	eceiv	e a m	onth	ly sa	alary?	(dd	d/mm	/ccyy)								Ш				
In answered " No ", until w	hen will	l the i	insur	ed re	eceive	a mo	nthly	y sal	ary?	(dd/	/mm/	ссуу)												
Please confirm the insure	d's last	date	of p	erfor	ming	his/h	er du	ıties	? (dd.	/mn	n/ccy	y)												
Note: Only complete the policy agreement.	paymen	t inst	ruct	ion s	ectio	ns bas	ed o	n th	е арр	olica	able o	lisabili	ty be	nefit	s th	e insu	red is	/are o	:ove	ered t	for in	term	s of t	he
Lump sum disability ben	efits pa	yable	e to 1	the f	und ii	ı term	s of	the	polic	y a	greei	nent:												
Please provide the bankin	ng detai	ls of t	the f	und.							_													
Name of accountholder																								
Name of bank												Nam	e of l	branc	:h									
Account number															6-	digit l	oranc	h code	e					
Type of account:	Curren	t		٥	Savin	gs] -	Trans	mis	sion			_					-					
Lump sum disability ben	efits pa	yable	e to 1	the ir	nsure	d in to	erms	oft	the po	olic	y agr	eemer	nt:											
Please provide the bankin	ng detai	ls of t	the i	nsure	ed.																			
Name of accountholder																								
Name of bank												Nam	e of l	branc	:h									
Account number															6-	digit l	oranc	h code	e					
Type of account:	Curren	t] 9	Savin	gs] -	Trans	mis	sion													
Salary refund disability b	enefits	s paya	able	to th	e em	ploye	r in t	erm	s of t	the	polic	y agre	eme	nt:										
Please provide the bankin	ng detai	ls of t	the e	emplo	yer.																			
Name of accountholder																								
Name of bank												Nam	e of l	branc	:h									
Account number		T													6-	digit l	oranc	h code	e			T		
Type of account:	Curren	t] 9	Savin	gs] -	Trans	mis	sion			_					-					
Spouse or Accident bene	fits pay	/able	to tl	he sp	ouse	/insu	red i	n te	rms o	of th	ne po	licy ag	reen	nent:										
Please provide the bankin											•													
Name of accountholder																								
Name of bank												Nam	e of l	branc	:h									
Account number															6-	-digit l	oranc	h code	e					
Type of account:	Curren	t			Savin	gs		1 -	Trans	mis	sion		Ì	_		J			L				I	
Note: The policy agreeme Medical Aid Premium Wai																			p di	isabi	lity be	enefit	and	the
Please complete the appli								-		_				_				_						
Income Continuation disa Please provide the bankin							bility	y be	netit	pay	yable	to the	emp	oloye	rın	terms	of th	ie pol	ıcy a	agre	emen	t:		
	ig uetali	15 01 0	Lile S	hous	e/ IIIS	ureu.																		$\overline{}$
Name of accountholder										$\overline{}$														_
Name of bank												Nam	e of l	branc 1	h									
Account number								<u> </u>							6-	-digit l	oranc	h code	е		\perp	_L		
Type of account:	Curren	t		9	Savin	gs] -	Trans	mis	sion													
Email address where payr	ment ad	lvice r	must	be s	ent t	0																		

Name of accountholder			
Name of bank		Name of branch	
Account number		6-digit branch code	
Type of account:	Current Savings Transm	nission	
Email address where pay	ment advice must be sent to		
Name and surname		Telephone number	

Income Continuation disability benefit/Income Care disability benefit payable to the insured in terms of the policy agreement: Please provide the banking details of the spouse/insured. Name of accountholder Name of bank Name of branch Account number 6-digit branch code Type of account: Current Savings Transmission Note: If the policy agreement makes provision for the payment of employer (company) contributions, please complete this sections and provide the banking details of the fund - if payable to the fund, or the employer's - if payable to the employer. Name of accountholder Name of bank Name of branch Account number 6-digit branch code Type of account: Current Savings Transmission Email address where payment advice must be sent to Telephone number Name and surname Note: If the insured, before he/she became disabled, paid member contributions to the fund, Absa Life can continue deducting the contributions from the insured's monthly disability benefit and pay it to the fund. Deducting such contributions is however not in terms of the policy agreement and therefore the insured's prior consent is required. Please provide the member contributions percentage, to be deducted from the insured's monthly disability benefit and the banking details of the fund. Member contribution percentage)% Name of accountholder Name of bank Name of branch 6-digit branch code Account number Type of account: Current Savings Transmission Email address where payment advice must be sent to Name and surname Telephone number Top Up benefit payable to the employer in terms of the policy agreement: Please provide the banking details of the employer. Name of accountholder Name of bank Name of branch Account number 6-digit branch code Type of account: Current Savings Transmission Email address where payment advice must be sent to Name and surname Telephone number Top Up disability benefit payable to the insured in terms of the policy agreement: Please provide the banking details of the insured. Name of accountholder Name of bank Name of branch Account number 6-digit branch code Type of account: Transmission Current Savings Medical Aid Premium Waiver benefit payable to the employer in terms of the policy agreement: Please provide the banking details of the employer. Name of accountholder Name of bank Name of branch Account number 6-digit branch code

Type of account:	Current Savings Trans	smission
Email address where p	payment advice must be sent to	
Name and surname		Telephone number
	Waiver benefit payable to the medical aid schemonking details of the medical aid scheme.	ne:
Name of member's me	edical aid scheme	
Medical aid membersh	nip number	
Name of accountholde	er	
Name of bank		Name of branch
Account number		6-digit branch code
Type of account:	Current Savings Trans	smission
Email address where p	payment advice must be sent to	
Name and surname		Telephone number
Important: In terms of the policy	agreement, premiums in respect of the insured's	penefits is/are still payable.
We, the undersigned,	declare on behalf of the fund/scheme that the inf	ormation provided above is complete and correct.
Signed on behalf of t	he fund/scheme	
Initials and surname		Initials and surname
Designation		Designation
Signature		Signature
Place		Date (dd/mm/ccyy)

me of insured																			
																			_
e of birth (dd/mm/ccyy)						Identity n	umber												<u></u>
ephone number								(Cell										_
ail address																			
stal address																			
												Ρ	ostal	code	e				
sidential address																			
												Ρ	ostal	code	9				
Occupational history • Please give a deta and was terminat	ailed desci	ription quired:	of you	r career	history,	including your	present	occupa	ation.	The e	xact	t da	ite(s)	on w	/hicl	n ser	vice	com	me
Name and address of	of employ	er			Peri Fror	od in service n	Period To	in ser	vice	Nat	ure	of v	work						
 Please describe t 	he most ir	nporta	nt fund	tions of	f vour oc	cupation direc	l tly before	e disab	leme	nt.									
		•																	
Nature of disability ar If your disability was circumstance.	was cause	d by ar			ıse give t	he following ir	nformatio	on:											
Circumstanc	es causing	guiea	ccideiii																—
																			=
• If a formal e	nquiry wa:	s cond	ucted,	please s	tate by v	vhom and wha	t the res	ult was	5.										
If a formal e	nquiry was	s cond	ucted,	please s	tate by v	vhom and wha	t the res	ult was	5.										<u>=</u> - -
• If a formal e	nquiry wa	s cond	ucted,	please s	tate by v	whom and wha	t the res	ult was	5.										
If a formal e Date of acc				please s	tate by v	vhom and wha	t the res	ult was	5.										
				please s	tate by v	vhom and wha	t the res	ult was	5.										
Date of acc Income Are you receiving or do result of or during you retirement annuity fun If "Yes", please g	o you expering disability disabil	/mm/c ect to r y? (Inc vernme	cyy) eceive, luding ental fu	any ber income nd or an	nefit, sala	ary, pension or	compen	sation	of wl							Ye	es	N	
Date of acc Income Are you receiving or do result of or during you retirement annuity fun	o you expe or disability of, any gov ive the fol of (including	/mm/c ect to r y? (Inc vernme	cyy) eceive, luding ental fu	any ber income nd or an	nefit, sala	ary, pension or	compen tner, ass	sation urance	of wl	nent d	a pe	ensi	on or		cess		es	N	
Date of acc Income Are you receiving or do result of or during you retirement annuity fun If "Yes", please g Regular amounts	o you expe or disability of, any gov ive the fol of (including	/mm/c ect to r y? (Inc vernme	cyy) eceive, luding ental fu	any ber income nd or an	nefit, sala	ary, pension or employer, par source.)	compen tner, ass	sation urance	of wl	nent d	a pe	ensi	on or		cess		es	N	
Date of acc Income Are you receiving or do result of or during you retirement annuity fun If "Yes", please g Regular amounts	o you expe or disability of, any gov ive the fol of (including	/mm/c ect to r y? (Inc vernme	cyy) eceive, luding ental fu	any ber income nd or an	nefit, sala	ary, pension or employer, par source.)	compen tner, ass	sation urance	of wl	nent d	a pe	ensi	on or		cess		es	N	
Date of acc Income Are you receiving or do result of or during you retirement annuity fun If "Yes", please g Regular amounts	o you expe or disability of, any gov ive the fol or (including	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen tner, ass	sation urance Comme of pays	of wl	nent c	a pe	ensi	Dat	e of		sion			
Date of acc Income Are you receiving or do result of or during you retirement annuity fun If "Yes", please g Regular amounts Source of bene	o you expert disability of any gover the folds (including fit the include the	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of pays	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		
Date of accome Are you receiving or do result of or during you retirement annuity fun. If "Yes", please g Regular amounts Source of benea	o you expert disability of any gover the folds (including fit the include the	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of payi	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		
Date of acconding or do result of or during you retirement annuity funds. If "Yes", please g Regular amounts Source of benear	o you expert disability of any gover the folds (including fit the include the	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of payi	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		
Date of accordance Are you receiving or do result of or during you retirement annuity fun. If "Yes", please g Regular amounts Source of benea	o you expert disability of any gover the folds (including fit the include the	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of payi	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		
Date of accome Are you receiving or do result of or during you retirement annuity fun If "Yes", please g Regular amounts Source of benea	o you expert disability of any gover the folds (including fit the include the	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of payi	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		
Date of accordance Income Are you receiving or do result of or during you retirement annuity fun. If "Yes", please g Regular amounts Source of benea	cident (dd,	/mm/c ect to r y? (Inc yernme lowing g Life a	cyy) eceive, luding ental fu g details	any ber income nd or an s:	nefit, sala from any ny other s	ary, pension or employer, par source.)	compen trner, ass	sation urance Comme of payi	of wl	nent c	a pe	ensi	Dat n has	e of	n su	sion	tted		

4 Declaration

I declare that I am the person described above and that the replies given to the questions and the statements made above are true and correct.

Accepting that I am thereby curtailing my right of privacy, but to facilitate the assessment of the risks and the consideration of any claim for benefits under a policy related to this or any other proposal for insurance made by me, or in respect of me as insured, I irrevocably authorise Absa Life to:

- · Obtain from any person whom I hereby so authorise and request to give any information which Absa deems necessary.
- Share with other insurers that information contained in this proposal or in any related policy or other document, either directly or through a data base operated by or for insurers as a group, at any time (even after my death) and in such detailed, abbreviated or coded form as may from time to time be decided by Absa Life or by the operators of such data base.

Signature of insured			
Name and surname of insured			
Witness			
Date (dd/mm/ccyy)			
Place			

Guidelines for a confidential medical report

Important

The examination and compiling of a medical report must be done by the patient's treating specialist and cannot be performed by a general practitioner*.

Dear Doctor,

Absa is in the process of assessing the extent of the patient's disabilities, in view of a claim for disability benefits. To assist us in making a justified decision, we require a report regarding the functional impairment of the patient.

The assessment of a disability claim is based on the principals of **functional impairment** and **disability**. It is important that you are aware of our distinction between the two principles.

- **Functional impairment** is determined by using a medical diagnosis of the functions a person is able to perform and the functions that can no longer be performed.
- **Disability** is determined through a legal process that assesses the extent of a person's functional impairment, judged in conjunction with his/her job description, the policy conditions and personal factors such as education, experience, etc. (This decision will be made by Absa Life Insurance Limited.)

Kindly supply Absa Life with a report, along the guidelines provided below, after you have examined and assessed the **functional impairment** of the patient.

Please note that the patient's identity needs to be established above doubt before proceeding with the examination. Confirm the document/means used to establish the patient's identity, in your report.

*In receiving your report you will guarantee us that the information that you will provide is true and accurate to the best of your knowledge and can be relied on

Any costs relating to this consultation and medical report, is for the patient's account. Should you require additional test/evaluations to establish the patient's functional impairment, the patient will also be responsible for settling these.

Guidelines for a medical report on functional impairment

- Diagnosis (DSM IV/V for psychiatric conditions).
- Date of onset and course of disease.
- · Severity Perpetual factors, secondary gain.
- · Current clinical findings. Detailed description:
 - Treatment.
 - · Treatment modalities.
 - · Types of medication and dosage.
 - · Duration of treatment.
 - Therapeutic procedures.
 - Rehabilitation.
 - Hospitalisation.
- Response to treatment.
- · Complications that are permanent.
- Special investigations (e.g. ECG, X-rays, scans).
- · Prognosis with optimal treatment.
- Influence on lifestyle, activities of daily living and working capability.
- Special requirements:
 - Cardiovascular: NYHA classification, exercise capacity, stress ECG, ejection fraction, other.
 - Respiratory: dyspnea-grading (ATS), exercise capacity, (METS or V02 max.) vitalogram pre-and post-inhalation (3 attempts), chest X-ray, single-breath diffusion test (Dco) in cases of interstitial lung disease.
 - $\bullet \quad \hbox{Orthopaedic: X-ray and stress views, MRI or CAT scans, other (e.g. nerve conduction tests)}.$
 - · Psychiatric: social functioning, concentration, psychometric tests in cases of cognitive impairment.